

5th MENA Anesthesia & Pain Congress

Scientific Program

24 - 25 February, 2024
Le Méridien Dubai Hotel &
Conference Centre - Dubai, UAE



► COMMITTEE



Dr. Mansour Nadhari
UAE

Chair of the MENA Pain
and Anesthesia Congress



Dr. Khaled Saleh
UAE

Chair of the Organization
Committee



Prof. Patricia Yazbeck
LEBANON

Chair of the Scientific
Committee



Dr. Osama Sami Maki AlAni
UAE

Chair of the Workshops

► SPEAKERS



Abdulaziz Almulhem, MD

Anesthesia and Pain Consultant Alahsa Cluster, Ministry of Health
Saudi Arabia



Alexander Heinz Willi Klingmann, MD

Consultant anesthesiologist
Al Jalila Children's Specialty Hospital
Dubai, UAE



Baraa Tayeb, MD

President of the Saudi Society of Pain Medicine
Consultant and Assistant Professor of Anesthesiology
and Critical Care King Abdulaziz University
Jeddah, Saudi Arabia



Carine Zeeni, MD

Associate Professor in the Department of Anesthesiology
and Pain Management
American University of Beirut Medical Center
Beirut, Lebanon



Ioanna Grigoras, MD

Professor of Anesthesia and Intensive Care
the "Grigore T. Popa" University of Medicine
and Pharmacy
Iasi, Romania



Massimo Lamperti, MD

Clinical Professor of Anesthesiology at Cleveland
Clinic Lerner College of Medicine
Chair of the Anesthesiology Institute at Cleveland Clinic
Abu Dhabi, UAE



Mohamed Samy Abdel Raheem, MD

Professor - Department of Anaesthesiology and
Intensive Care Asyut University Hospitals - Egypt
Senior Consultant Anaesthetist Corniche Hospital
Abu Dhabi – UAE

► SPEAKERS



Nuala Lucas, MD

Consultant Anaesthetist
Anaesthetic Lead for Labour Ward
London North West Healthcare NHS Trust
London, UK



Salah Al-Ali, MD

Consultant in Anaesthesia and Pain Medicine
Head of the pain Medicine Unit
Rashid Hospital and Trauma Centre
Dubai, UAE



Rajnish Garg, MD

Consultant and Head Department of Anesthesia
Al Jalila Children Hospital
Dubai, UAE



Shamim Ahmad Beigh, MD

Pediatric Anesthetist
Al Jalila Children Hospital
Dubai, UAE



Rizq Alamri, MD

Neuroanesthesia and Pain Medicine Consultant
East Jeddah Hospital
Chairman of Scientific Committee at Saudi Pain Society
Jeddah, Saudi Arabia



Vanda Abi Raad, MD

Clinical Professor and the Chair of the Anesthesiology
Department Associate Dean for Faculty Affairs and Development
The Lebanese American University, Gilbert and
Rose-Marie Chagoury School of Medicine
President of the Lebanese Society of Anesthesiologists.
Beirut, Lebanon



Saturday February 2024



08:30	Registration	
09:00 - 10:15	SESSION 1 - OBSTETRIC ANESTHESIA MODERATORS : PATRICIA YAZBECK, MD - NABIL AL ASKALANY, MD	
09:00 - 09:20	What's Topical in Obstetric Anesthesia - An Update from the Journals	Nuala Lucas, MD
09:20 - 09:45	Peripartum Anemia Management: Emerging Concepts & New Strategies	Samy Abdel Raheem, MD
09:45 - 10:05	Towards Safer Airway Management in Obstetrics	Nuala Lucas, MD
10:05 - 10:15	Discussion	
10:15 - 11:30	SESSION 2 - NON-OPERATING ROOM ANESTHESIA MODERATORS : SAMY ABDEL RAHEEM, MD - CARINE ZEENI, MD	
10:15 - 10:35	Pediatric Sedation: A Matter of Safety	Massimo Lamperti, MD
10:35 - 10:55	Updates in Anesthesia Management of Stroke in the Interventional Suite	Carine Zeeni, MD
10:55 - 11:15	Patient Safety in Non-Operating Room Anesthesia: Meeting the Challenges	Vanda Abi Raad, MD
11:15 - 11:30	Discussion	



Saturday February 2024



11:30 - 11:45	Opening Ceremony	
 11:45 - 12:00	Coffee Break	
 12:00 - 13:15	SESSION 3 - AI LEADERSHIP WELL-BEING: THE NEW PARADIGMS MODERATOR : VANDA ABI RAAD, MD - ABDEL KARIM AL ABBADI, MD	
12:00 - 12:20	AI Enhanced Anesthesia Management: The New Leader?	Massimo Lamperti, MD
12:20 - 12:40	Fatigue in Anesthesiology - A Matter of Concern	Ioana Grigoras, MD
12:40 - 13:00	Leading Through Turbulence: Anesthesia Leadership in Times of Crisis	Vanda Abi Raad, MD
13:00 - 13:15	Discussion	



Saturday February 2024



13:15 - 13:45

Non-CME Session - Symposium Sponsored by Baxter
Inhalation Anesthesia: Future Challenges & Middle East Research

Khaled Yassen , MD

 13:45 - 14:45

Lunch Break

 14:45 - 16:00

SESSION 4 - PAIN MANAGEMENT
MODERATORS : BARAA TAYEB, MD - SALAH AL-ALI, MD

14:45 - 15:05

Pain Management for Total Knee Replacement

Abdulaziz Almulhem, MD

15:05 - 15:25

Surgical Pain Management

Rizq Alamri, MD

15:25 - 15:45

Post-Craniotomy Pain Management

Carine Zeeni, MD

15:45 - 16:00

Discussion



Sunday February 2024



 **09:00 - 10:15**

SESSION 1 - PERIOPERATIVE CARE

MODERATORS : MASSIMO LAMPERTI, MD - NABIL AL ASKALANY, MD

09:00 - 09:20

Checklists & Algorithms in Perioperative Care: the Two Sides of the Coin

Samy Abdel Raheem, MD

09:20 - 09:40

ESAIC 2023 Guidelines on Perioperative Anesthesia Assessment for Patients Undergoing Non-Cardiac Surgery

Massimo Lamperti, MD

09:40 - 10:00

PBM in Oncological Patients

Ioana Grigoras, MD

10:00 - 10:15

Discussion

 **10:15- 11:30**

SESSION 2 - PEDIATRIC ANESTHESIA

MODERATORS : RAJNISH GARG, MD - ALEXANDER KLINGMANN, MD

10:15 - 10:35

Updates in Pediatric Anesthesia

Alexander Klingmann, MD

10:35 - 10:55

Anesthesia for Non-Cardiac Surgery in Children with Cardiac Disease-Understanding Physiological Considerations

Rajnish Garg, MD

10:55 - 11:15

Metabolic Syndromes: Anesthetic Implications

Shamim Ahmad Beigh, MD

11:15 - 11:30

Discussion



Sunday February 2024



11:30 - 11:45

Coffee Break



11:45 - 13:00

SESSION 3 - PAIN MANAGEMENT II

MODERATORS : MANSOUR NADHARI, MD - ABDULAZIZ ALMULHEM, MD

11:45 - 12:05

Topical Analgesics at End-of-Life

Baraa Tayeb, MD

12:05 - 12:25

Depression in Chronic Pain

Rizq Alamri, MD

12:25 - 12:45

Nefopam for Pain & Anesthesia

Baraa Tayeb, MD

12:45 - 13:00

Discussion

13:00 - 13:30

Non-CME Session - Symposium Sponsored by Gulf Drug
How SmartPilot® View Turned Me Into a Smart Pilot for my Patients

Rik M. H. Carette, MD




13:30 - 14:30

Lunch Break



Sunday February 2024



 14:30 - 15:45	SESSION 4 - PAIN MANAGEMENT III MODERATORS : BARAA TAYEB, MD - RIZQ ALAMRI, MD	
14:30 - 14:50	Role of Cooled Radiofrequency in Chronic Pain Management	Salah Al-Ali, MD
14:50 - 15:10	Psychometric & Accuracy Comparison of Three Commonly Used Questionnaires for the Diagnosis of Neuropathic Pain	Abdulaziz Almulhem, MD
15:10 - 15:30	Platelets Rich Plasma Therapy for Sacroiliac Joint Pain Management	Salah Al-Ali, MD
15:30 - 15:45	Discussion	
15:45 - 16:00	Closing Remarks	

Workshop



Saturday 24 & Sunday 25 February 2024

 **Saturday February 2024**



▶ **Difficult Airway Management Workshop**

Course Director



Osama Sami Maki AlAni, MD
Consultant Anaesthetist,
Rashid Hospital, Dubai Health

Course Co-Director



Kurian P Thomas, MD
Consultant Anaesthetist, Rashid Hospital, Dubai Health

FACULTY

Sudheer Pratap Godara, MD

Karthik Sundareshan, MD

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Ahmed Maher, MD

Srinivas Nishtala, MD

Zia Ali, MD

Dikshitha Chetti, MD

Mohan Babu, MD

Parul Dubey, MD



Saturday February 2024



▶ Difficult Airway Management Workshop

09:00 - 09:05

Welcome Address
by Osama Alani, MD (Course Director) Consultant Anaesthetist, Rashid Hospital, Dubai Health

09:05 - 09:30

Introduction
by Kurian P Thomas, MD (Course Co-Director) Consultant Anaesthetist, Rashid Hospital, Dubai Health

 09:30 - 13:15

UNANTICIPATED DIFFICULT AIRWAY MANAGEMENT

Station 1 | Plan A

Laryngoscopy and tracheal intubation



Station 2 | Plan B

SAD (maintain oxygenation)

Station 3 | Plan C

Rescue mask ventilation

► **Difficult Airway Management Workshop**

	Station 4 Plan D Emergency cricothyroidotomy
	Station 5 Human Factors Thrive & Ultrasound airway
13:15 - 13:45	Human factors: Video presentation and discussion
 13:45 - 14:45	Lunch Break
 14:45 - 16:30	ADVANCED AIRWAY MANAGEMENT
	Station 1 Nasal fiberoptic intubation
	Station 2 Oral fiberoptic intubation



Saturday February 2024



▶ **Difficult Airway Management Workshop**

	Station 3 Video laryngoscopy
	Station 4 Hybrid intubation techniques/Retrograde intubation
	Station 5 Pediatric airway management
16:00	Conclusion

 Sunday February 2024



► Advanced Ultrasound Guided Regional Anesthesia

Workshop Director



Osama Sami Maki AlAni, MD
Consultant Anesthetist, RH,
Dubai Health

FACULTY

Mohan Babu, MD

Naved Ahmed, MD

Shailendra Vaijinathrao Chaudhari, MD

Abhay Bodhey, MD

Mujeeb Rahman, MD

Karthik Sundareshan, MD

Rajashekar Rangappa, MD

Esam Seddik Zaky, MD



Sunday February 2024



▶ Advanced Ultrasound Guided Regional Anesthesia

08:00 - 08:30

Registration

08:30 - 09:00

Welcome, Introduction & Workshop Goals

Workshop Director

Osama Alani, MD - Consultant Anesthetist, RH, Dubai Health

 09:00 - 13:30

HANDS ON VOLUNTEER MODELS

Station 1: Upper Limb Blocks

Above Clavicle Brachial Plexus Blocks

Mohan Babu, MD - Senior Specialist of Anesthesia / RH, Dubai Health

Naved Ahmed, MD - Senior Specialist of Anesthesia / RH, Dubai Health

Station 2: Lower Limb Blocks & Fascia Iliaca

(Femoral- LFCN- Adductor Canal- Obturator

Shailendra Vaijinathrao Chaudhari, MD - Senior Specialist of Anesthesia / RH, Dubai Health

Abhay Bodhey, MD - Specialist of Anesthesia / RH, Dubai Health

► Advanced Ultrasound Guided Regional Anesthesia

Station 3: Abdominal Blocks

TAB, QL, Rectus Sheath

Mujeeb Rahman, MD - Senior Specialist of Anesthesia / Rashid Hospital/UAE

Karthik Sundareshan, MD - Specialist of Anesthesia / RH, Dubai Health

Station 4: Paravertebral Blocks And Erector Spinae Block

Rajashekar Rangappa, MD - Specialist of Anesthesia / RH, Dubai Health

Esam Seddik Zaky, MD - Senior Specialist of Anesthesia / RH, Dubai Health

 13:30 - 14:30

Lunch Break

 14:30 - 16:30

HANDS ON VOLUNTEER MODELS

Station 5: Chest Wall Blocks

PECs & Serratus Anterior Block

Rajashekar Rangappa, MD - Specialist of Anesthesia / RH, Dubai Health

Esam Seddik Zaky, MD - Senior Specialist of Anesthesia / RH, Dubai Health



Sunday February 2024



► Advanced Ultrasound Guided Regional Anesthesia

	<p>Station 6: Upper Limb Blocks</p> <p>Below Clavicle Brachial Plexus Blocks (Infraclavicular & Axillary) & Distal Blocks</p> <p>Naved Ahmed, MD - Senior Specialist of Anesthesia / RH, Dubai Health</p> <p>Mohan Babu, MD - Senior Specialist of Anesthesia / RH, Dubai Health</p>
	<p>Station 7: Lower Limb Blocks</p> <p>Sciatic Popliteal, Gluteal, Sub gluteal & Proximal Thigh & Ankle Blocks.</p> <p>Mujeeb Rahman, MD - Senior Specialist of Anesthesia / RH, Dubai Health</p> <p>Shailendra Vaijinathrao Chaudhari, MD - Senior Specialist of Anesthesia RH, Dubai Health</p>
	<p>Station 8: Needling And Catheter Placement Technique On Meat & phantom</p> <p>Karthik Sundhreshan, MD - Specialist of Anesthesia / RH, Dubai Health</p> <p>Abhay Bodhey, MD - Specialist of Anesthesia / RH, Dubai Health</p>
16:30	Evaluation, Certificates & End of the workshop

MAJOR



CONTRIBUTORS



Organized by:



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