



# 5<sup>th</sup> MENA Anesthesia & Pain Congress

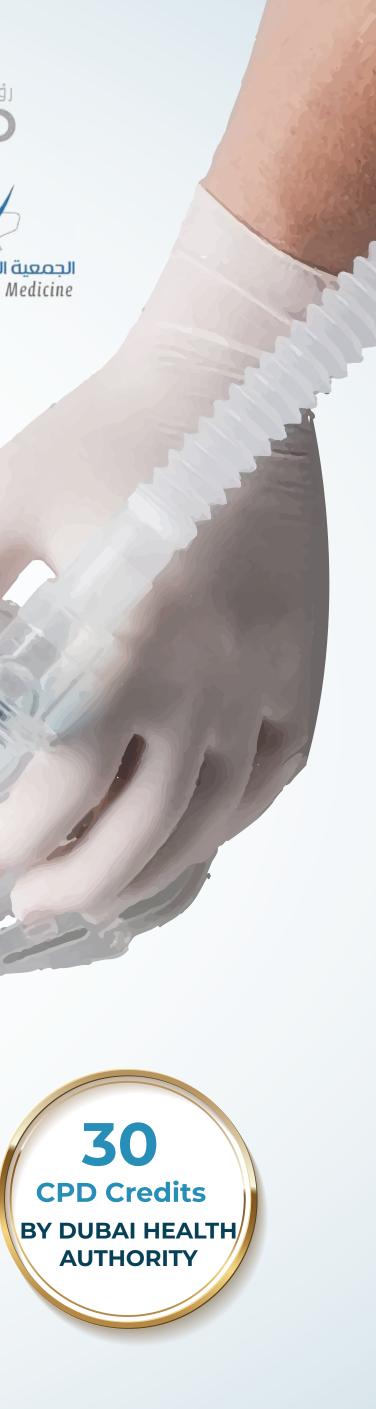
# Scientific Program

24 - 25 February, 2024 Le Méridien Dubai Hotel & Conference Centre - Dubai, UAE



Pan Arab Federation of Societies of Anesthesia, Intensive Care and Pain Management رابطة الجـمعيات العـربيـة لأطباء التخدير والعناية المركزة ومعالجة الألم





# COMMITTEE



Dr. Mansour Nadhari UAE

Chairman of the MENA Pain and Anesthesia Congress



# **Prof. Patricia Yazbeck** LEBANON

Chairman of Scientific Committee





Dr. Khaled Saleh UAE

Chairman of Organization Committee



# Dr. Osama Sami Maki AlAni UAE

Chairman of the Workshops



# SPEAKERS



# Abdulaziz Almulhem, MD

Anesthesia and Pain Consultant Alahsa Cluster, Ministry of Health Saudi Arabia



## Alexander Heinz Willi Klingmann, MD

Consultant anesthesiologist Al Jalila Children's Specialty Hospital Dubai, UAE



## Baraa Tayeb, MD

President of the Saudi Society of Pain Medicine Consultant and Assistant Professor of Anesthesiology and Critical Care King Abdulaziz University Jeddah, Saudi Arabia



# Carine Zeeni, MD

Associate Professor in the Department of Anesthesiology and Pain Management American University of Beirut Medical Center Beirut, Lebanon





#### Ioanna Grigoras, MD

Professor of Anesthesia and Intensive Care the "Grigore T. Popa" University of Medicine and Pharmacy lasi, Romania



#### Massimo Lamperti, MD

Clinical Professor of Anesthesiology at Cleveland Clinic Lerner College of Medicine Chair of the Anesthesiology Institute at Cleveland Clinic Abu Dhabi, UAE



#### Mohamed Samy Abdel Raheem, MD

Professor - Department of Anaesthesiology and Intensive Care Asyut University Hospitals - Egypt Senior Consultant Anaesthetist Corniche Hospital Abu Dhabi – UAE



# **SPEAKERS**



#### Nuala Lucas, MD

Consultant Anaesthetist Anaesthetic Lead for Labour Ward London North West Healthcare NHS Trust London, UK



### Rajnish Garg, MD

Consultant and Head Department of Anesthesia Al Jalila Children Hospital Dubai, UAE



# Rizq Alamri, MD

Neuroanesthesia and Pain Medicine Consultant East Jeddah Hospital Chairman of Scientific Committee at Saudi Pain Society Jeddah, Saudi Arabia





## Salah Al-Ali, MD

Consultant in Anaesthesia and Pain Medicine Head of the pain Medicine Unit Rashid Hospital and Trauma Centre Dubai, UAE



## Shamim Ahmad Beigh, MD

Pediatric Anesthetist Al Jalila Children Hospital Dubai, UAE

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## Vanda Abi Raad, MD

Clinical Professor and the Chair of the Anesthesiology Department Associate Dean for Faculty Affairs and Development The Lebanese American University, Gilbert and Rose-Marie Chagoury School of Medicine President of the Lebanese Society of Anesthesiologists. Beirut, Lebanon



08:30	Registration	
O9:00 - 10:15	<b>SESSION 1 - OBSTETRIC ANESTHESIA</b> MODERATORS : PATRICIA YAZBECK, MD - NABIL AL ASKALANY, MD	
09:00 - 09:20	What's Topical in Obstetric Anesthesia - An Update from the Journals	Nuala Lucas, MD
09:20 - 09:45	Peripartum Anemia Management: Emerging Concepts & New Strategies	Samy Abdel Raheem, MD
09:45 - 10:05	Towards Safer Airway Management in Obstetrics	Nuala Lucas, MD
10:05 - 10:15	Discussion	
10:15 - 11:30	<b>SESSION 2 - NON-OPERATING ROOM ANESTHESIA</b> MODERATORS : SAMY ABDEL RAHEEM, MD - CARINE ZEENI, MD	
10:15 - 10:35	Pediatric Sedation: A Matter of Safety	Massimo Lamperti, MD
10:35 - 10:55	Updates in Anesthesia Management of Stroke in the Interventional Suite	Carine Zeeni, MD
10:55 - 11:15	Patient Safety in Non-Operating Room Anesthesia: Meeting the Challenges	Vanda Abi Raad, MD
11:15 - 11:30	Discussion	







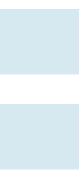


11:30 - 11:45	Opening Ceremony	
11:45 - 12:00	Coffee Break	
12:00 - 13:15	<b>SESSION 3 - AI   LEADERSHIP   WELL-BEING: THE NEW PARADIGMS</b> MODERATOR : VANDA ABI RAAD, MD - ABDEL KARIM AL ABBADI, MD	
12:00 - 12:20	AI Enhanced Anesthesia Management: The New Leader?	Massimo Lamperti, MD
12:20 - 12:40	Fatigue in Anesthesiology - A Matter of Concern	loana Grigoras, MD
12:40 - 13:00	Leading Through Turbulence: Anesthesia Leadership in Times of Crisis	Vanda Abi Raad, MD
13:00 - 13:15	Discussion	











13:15 - 13:45	Non-CME Session - Symposium Sponsored by Baxter Inhalation Anesthesia: Future Challenges & Middle East Research	Khaled Yassen, MD
₿⊕13:45 - 14:45	Lunch Break	
3 14:45 - 16:00	<b>SESSION 4 - PAIN MANAGEMENT</b> MODERATORS : BARAA TAYEB, MD - SALAH AL-ALI, MD	
14:45 - 15:05	Pain Management for Total Knee Replacement	Abdulaziz Almulhem, MD
15:05 - 15:25	Surgical Pain Management	Rizq Alamri, MD
15:25 - 15:45	Post-Craniotomy Pain Management	Carine Zeeni, MD
15:45 - 16:00	Discussion	









O9:00 - 10:15	<b>SESSION 1 - PERIOPERATIVE CARE</b> MODERATORS : MASSIMO LAMPERTI, MD - NABIL AL ASKALANY, MD	
09:00 - 09:20	Checklists & Algorithms in Perioperative Care: the Two Sides of the Coin	Samy Abdel Raheem, MD
09:20 - 09:40	ESAIC 2023 Guidelines on Perioperative Anesthesia Assessment for Patients Undergoing Non-Cardiac Surgery	Massimo Lamperti, MD
09:40 - 10:00	PBM in Oncological Patients	Ioana Grigoras, MD
10:00 - 10:15	Discussion	
10:15- 11:30	<b>SESSION 2 - PEDIATRIC ANESTHESIA</b> MODERATORS : RAJNISH GARG, MD - ALEXANDER KLINGMANN, MD	
10:15- 11:30     10:15 - 10:35		Alexander Klingmann, MD
	MODERATORS : RAJNISH GARG, MD - ALEXANDER KLINGMANN, MD	Alexander Klingmann, MD Rajnish Garg, MD
10:15 - 10:35	MODERATORS : RAJNISH GARG, MD - ALEXANDER KLINGMANN, MD Updates in Pediatric Anesthesia Anesthesia for Non-Cardiac Surgery in Children with Cardiac	
10:15 - 10:35	MODERATORS : RAJNISH GARG, MD - ALEXANDER KLINGMANN, MD Updates in Pediatric Anesthesia Anesthesia for Non-Cardiac Surgery in Children with Cardiac	





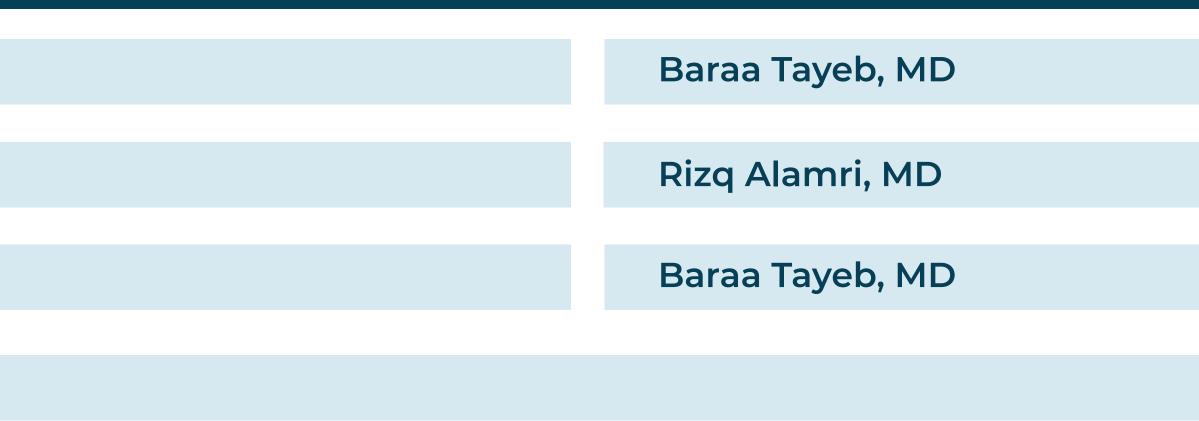




11:30 - 11:45	Coffee Break
i1:45 - 13:00	<b>SESSION 3 - PAIN MANAGEMENT II</b> MODERATORS : MANSOUR NADHARI, MD
11:45 - 12:05	Topical Analgesics at End-of-Life
12:05 - 12:25	Depression in Chronic Pain
12:25 - 12:45	Nefopam for Pain & Anesthesia
12:45 - 13:00	Discussion
13:00 - 13:30	Non-CME Session - Symposium
<b>ĭ⊕1</b> 3:30 - 14:30	Lunch Break



# - ABDULAZIZ ALMULHEM, MD







314:30 - 15:45	<b>SESSION 4 - PAIN MANAGEMENT III</b> MODERATORS : BARAA TAYEB, MD - RIZQ ALAMRI, MD	
14:30 - 14:50	Role of Cooled Radiofrequency in Chronic Pain Management	Salah Al-Ali, MD
14:50 - 15:10	Psychometric & Accuracy Comparison of Three Commonly Used Questionnaires for the Diagnosis of Neuropathic Pain	Abdulaziz Almulhem, MD
15:10 - 15:30	Platelets Rich Plasma Therapy for Sacroiliac Joint Pain Management	Salah Al-Ali, MD
15:30 - 15:45	Discussion	
15:45 - 16:00	Closing Remarks	









# Saturday 24 & Sunday 25 February 2024



# Workshop



# **Course Director**



Osama Sami Maki AlAni, MD Consultant Anaesthetist, Rashid Hospital, Dubai Health

# FACULTY

Sudheer Pratap Godara, MD Karthik Sundareshan, MD Mohamed Abdulrazik Al Saadi Ali, MD Ayyanar Sakthivel Pachaiappan, MD Ahmed Maher, MD



# **Course Co-Director**



Kurian P Thomas, MD Consultant Anaesthetist, Rashid Hospital, Dubai Health

Srinivas Nishtala, MD Zia Ali, MD Dikshitha Chetti, MD Mohan Babu, MD Parul Dubey, MD







09:00 - 09:05	Welcome Address by Osama Alani, MD (Course Director) Co
09:05 - 09:30	Introduction by Kurian P Thomas, MD (Course Co-Dire
O9:30 - 13:00	UNANTICIPATED DIFFICULT AIRWAY M/
	<b>Station 1 I Plan A</b> Laryngoscopy and tracheal intubation
	<b>Station 2 I Plan B</b> SAD (maintain oxygenation)
	<b>Station 3 I Plan C</b> Rescue mask ventilation

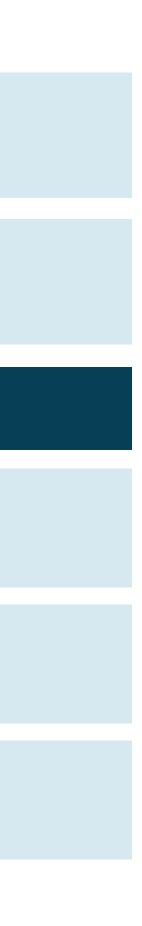


Consultant Anaesthetist, Rashid Hospital, Dubai Health

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# IANAGEMENT







Station 4 I Plan D Emergency cricothyroidotomy

**Station 5 I Human Factors** Thrive & Ultrasound airway

13:00 - 13:30

13:30 - 14:30

🚱 14:30 - 16:30

Lunch Break

**ADVANCED AIRWAY MANAGEMENT** 

Station 1 Nasal fibreoptic intubation

Station 2 Oral fibreoptic intubation



Human factors: Video presentation and discussion







Station 3 Video laryngoscopy

Station 4 Hybrid intubation techniques/Retrograde intubation

Station 5 Pediatric airway management

Conclusion

16:00









# **Workshop Director**



Osama Sami Maki AlAni, MD Consultant Anesthetist, RH, Dubai Health

# FACULTY

Mohan Babu, MD Naved Ahmed, MD Shailendra Vaijinathrao Chaudhari, MD Abhay Bodhey, MD Mujeeb Rahman, MD



Karthik Sundareshan, MD Rajashekar Rangappa, MD Esam Seddik Zaky, MD





08:00 - 08:30	Registration
08:30 - 09:00	Welcome, Introduction &Workshop Goal Workshop Director Osama Alani, MD - Consultant Anestheti
O9:00 - 13:00	HANDS ON VOLUNTEER MODELS
	<b>Station 1: Upper Limb Blocks</b> Above Clavicle Brachial Plexus Blocks Mohan Babu, MD - Senior Specialist of A Naved Ahmed, MD - Senior Specialist of
	<b>Station 2: Lower Limb Blocks &amp; Fascia I</b> (Femoral- LFCN- Adductor Canal- Obtur Shailendra Vaijinathrao Chaudhari, MD Abhay Bodhey, MD - Specialist of Anesth



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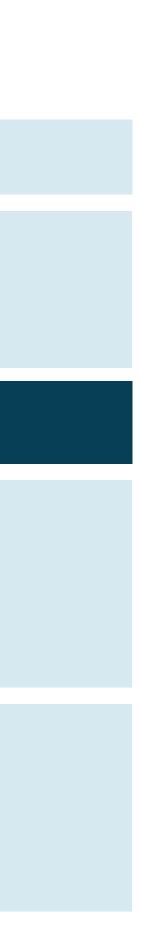
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Senior Specialist of Anesthesia / RH, Dubai Health

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	Station 3: Abdominal Blocks TAB, QL, Rectus Sheath Mujeeb Rahman, MD - Senior Specialist of Karthik Sundareshan, MD - Specialist of A
	<b>Station 4: Paravertebral Blocks And Ere</b> Rajashekar Rangappa, MD - Specialist of Esam Seddik Zaky, MD - Senior Specialist
<b>₩</b> 13:00 - 14:00	Lunch Break
3 14:30 - 16:30	HANDS ON VOLUNTEER MODELS
	<b>Station 5: Chest Wall Blocks</b> PECs & Serratus Anterior Block Rajashekar Rangappa, MD - Specialist of J Esam Seddik Zaky, MD - Senior Specialist



of Anesthesia / Rashid Hospital/UAE Anesthesia / RH, Dubai Health

# ector Spinae Block

f Anesthesia / RH, Dubai Health t of Anesthesia / RH, Dubai Health

<sup>2</sup> Anesthesia / RH, Dubai Health Esam Seddik Zaky, MD - Senior Specialist of Anesthesia / RH, Dubai Health







# Station 6: Upper Limb Blocks

Below Clavicle Brachial Plexus Blocks (Infraclavicular & Axillary) & Distal Blocks Naved Ahmed, MD - Senior Specialist of Anesthesia / RH, Dubai Health Mohan Babu , MD - Senior Specialist of Anesthesia / RH, Dubai Health

## **Station 7: Lower Limb Blocks**

Sciatic Popliteal, Gluteal, Sub gluteal & Proximal Thigh & Ankle Blocks. Mujeeb Rahman, MD - Senior Specialist of Anesthesia / RH, Dubai Health Shailendra Vaijinathrao Chaudhari, MD - Senior Specialist of Anesthesia RH, Dubai Health

# Karthik Sundhreshan, MD - Specialist of Anesthesia / RH, Dubai Health Abhay Bodhey, MD - Specialist of Anesthesia / RH, Dubai Health

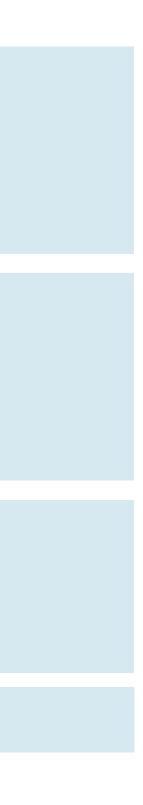
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Evaluation, Certificates & End of the workshop

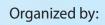


Station 8: Needling And Catheter Placement Technique On Meat & phantom











#### LEBANON

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