







4th MENA PAIN & ANESTHESIA CONGRESS

in collaboration with PAFSA

March 11 - 12, 2023 The H Hotel, Dubai, UAE













COMMITTEE



Dr. Mansour NadhariUAE

Chairman of the MENA Pain and Anesthesia Congress



Dr. Osama Sami Maki AlAni UAE

Chairman of Scientific Committees



Dr. Massimo LampertiUAE

Chairman of the Scientific Committee | Anesthesia



Dr. Salah Al Ali UAE

Chairman of the Scientific Committee | Pain Medicine













Massimo Lamperti, MD
Professor of Anesthesiology
Chair of Anesthesiology Institute
Cleveland Clinic Lerner College of Medicine
Dubai - UAE



Steven Green, MD
Anesthesiology Residency Program Director
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PAFSA President
Consultant in Anesthesia, Intensive Care & Pain Management
King Hussein Cancer Center, Amman - Jordan



Ahmed Abdulmomen, MD
Professor & Consultant in anesthesia and critical care medicine
President, Saudi anesthesia society
Chairman, IRB Human Subjects - KSU, Medical College
King Saud university - KSA



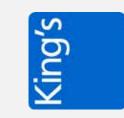
Sheelaj Sharma, MD Consultant Anaesthetist, Mediclinic hospital Abu Dhabi - UAE













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Anesthesia and Intensive Care Department - DHA
Dubai - UAE



Yasser Zaghloul, MD
Senior Consultant of Anesthesiology & ICU
Director of Abu Dhabi Anesthesia Club
Sheikh Khalifa Medical City, Abu Dhabi - UAE



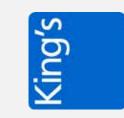
Monzer Sadek, MD Chair of Department Medical Anesthesia Sheikh Shakhbout Medical City Abu Dhabi - UAE













Jayaram Dasan, MD Consultant Anaesthetist, King's College Hospital London - UK



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Professor of Anesthesia and critical care, University of Mansoura, Egypt
Professor of clinical Sciences; University of Sharjah, UAE
Director of Operating Theatres and Surgical Services
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Clinical Lead for King's Pain Management Centre
Consultant in Anesthesia and Pain Management
Kings College Hospital London
Dubai - UAE



Frank De Loos, MD

Consultant Anesthesiologist, American Hospital

Dubai - UAE



Safaa Shehab, MD
Department of Human Anatomy
EM/Image Unit Director
Chair: Faculty Assembly
College of Medicine and Health Sciences, UAE University
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Ali Ibrahim, MD

Consultant Anesthesiologist, American Hospital, Dubai
- UAE



Hala Adnan, MD Consultant Anesthesia, Emirates Hospital Dubai - UAE



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Professor of Anaesthesia, Pain and ICU, Menoufia University
Founder of Menoufia Anaesthesia Club(MAPIC)
Founder of Egyptian Society of Anaesthesiology and Acute
care (ESAAC)
Egypt



Mohamed Al Toukhy, MD
Chronic Pain Management Lead at King's College Hospital
London in Dubai
Dubai - UAE



Rajat Gupta, MD
Senior Specialist Pain medicine, Department of Anesthesia and Pain Medicine, Rashid Hospital
Dubai - UAE



Aws Hameed Swadi, MD Consultant Anesthesia and Pain Medicine Dubai - UAE













SATURDAY MARCH 11, 2023 - 9.75 CPD Credit Points

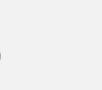
08:30 - 09:00	Registration
9:00 - 10:25	SESSION 1 Moderators: Rafael Blanco, MD - Ahmed Khalaf, MD
09:00 - 09:20 09:20 - 09:40 09:40 - 10:00 10:00 - 10:20 10:20 - 10:25	Are you Running your Anesthesia Practice Safely? Massimo Lamperti, MD Communication & Conflict Resolution in OR Munir Shawagfeh, MD Recruiting and Training the Next Generation of Anesthesiologists Steven Green, MD Burnout in Anesthesia Risks, manifestation and management Ahmed Abdulmomen, MD Q&A
10:25 - 11:30	SESSION 2 Moderators: Ahmed Abdelmomen, MD - Steven Green, MD
10:25 - 10:45 10:45 - 11:05 11:05 - 11:25 11:25 - 11:30	Danger Zones in Ultrasound Interventions Rafael Blanco, MD Erector Spinae Block -Clinical Benefits Sheelaj Sharma, MD Supra-inguinal Facia Iliaca Block for Fracture Neck Femur Recent Update Karthik Sundareshan, MD Q&A













11:30 - 11:45	Opening Ceremony
11:45 - 12:00	Coffee Break
12:00 - 13:05	SESSION 3: MODALITIES IN MANAGING CHRONIC PAIN Moderators: Safaa Shehab, MD - Mohamed Al Toukhy, MD
12:00 - 12:10	Pain Management Without Medications: Novel Treatment Options Sadiq Bhayani, MD
12:20 - 12:40	Role of Regenerative Treatment Options in Pain Management? Ashok Kumar, MD
12:40 - 13:00	Role of Radiofrequency Therapy in Chronic Pain Management Salah Al Ali, MD
13:00 - 13:05	Q&A
13:05 - 13:35	Baxter Symposium Optimizing Inhaled Anesthesia: Role of Low-Flow Danny Badawi, MD













13:35 - 14:35	Lunch Break
14:35 - 15:40	SESSION 4 Moderators: Massimo Lamperti, MD - Munir Shawagfeh, MD
14:35 - 14:55	PACU vs ICU, what to Consider? Abbas Khosravi, MD
14:55 - 15:15	Perioperative Management of Decompressive Craniectomy Yasser Zaghloul, MD
15:15 - 15:35	Perioperative Fluid Management in Patient with Traumatic Brain Injury Challenges & Recommendations Maged Mohsen Kamel Beniamein, MD
15:35 - 15:40	Q&A
15:40 - 15:55	Coffee Break













15:55 - 17:05	SESSION 5: THERAPY OF SPECIFIC SOURCES OF NEUROPATHIC PAIN Moderators: Sadiq Bhayani, MD - Shravan Tirunagari, MD
15:55 - 16:15	Trigeminal Neuralgia Mohamed Al Toukhy, MD
16:15 - 16:35	Postherpetic Neuralgia Aws Hameed Swadi, MD
16:35 - 16:55	Management of Fibromyalgia Rajat Gupta, MD
16:55 - 17:05	Q&A













SUNDAY MARCH 12, 2023 - 9 CPD Credit Points

09:00 - 10:10	SESSION 1 Moderators: Ahmed Khalaf, MD - Munir Shawagfeh, MD
09:00 - 09:20	Ouch, it Hurt. The Evidence - Postoperative Pain Management, The Evidence Monzer Sadek
09:20 - 09:40	New ESAIC Guidelines on Neuromuscular Monitoring and Reversal: Time for Consistency Massimo Lamperti, MD
09:40 - 10:00	Current Challenges and Controversies in Acute Postoperative Pain Yasser Zaghloul, MD
10:00 - 10:10	Q&A
10:10 - 11:40	SESSION 2 Moderators: Monzer Sadek, MD - Yasser Zaghloul, MD
10:10 - 10:30	Frailty Assessment, Clinically and Radiologically Munir Shawagfeh, MD
10:10 - 10:30 10:30 - 10:50	Frailty Assessment, Clinically and Radiologically Munir Shawagfeh, MD A Tool for Easier Intubation with Video Laryngoscopy Ahmed Abdulaziz, MD
10:30 - 10:50	A Tool for Easier Intubation with Video Laryngoscopy Ahmed Abdulaziz, MD



13:05 - 14:00 Lunch Break











11:40 - 11:55	Coffee Break
11:55 - 13:05	SESSION 3: NEUROPATHIC PAIN & NEUROMODULATION THERAPY Moderatos: Aws Hameed, MD - Salah Al Ali, MD
11:55 - 12:15	Peripheral Neuropathic Pain Pathophysiology and Current Treatments Shravan Tirunagari, MD
12:15 - 12:35	How to Completely Relieve Peripheral Neuropathic Pain in Humans? Safa Shehab, MD
12:35 - 12:55	Intra- thecal Drug Delivery in Cancer Pain Management Frank De Loos, MD
12:55 - 13:05	Q&A













14:00 - 15:10	SESSION 4 Moderators: Kurian Thomas, MD - Ahmed Maher, MD
14:00 - 14:20	Peri-Operative Anemia Ali Ibrahim, MD
14:20 - 14:40	New Horizons in Obstetric Anesthesia Safaa Helal, MD
14:40 - 15:00	Anesthesia Management for Morbid Obesity with OSA Hala Adnan, MD
15:00 - 15:10	Q&A
15:10 - 15:15	Closing Remarks



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SATURDAY MARCH 11, 2023 - 8.5 CPD Credit Points

Difficult Airway Management Workshop
In collaboration with King's College Hospital, London, UK

LOCAL COURSE DIRECTOR



Osama Sami Maki AlAni, MD
Chairman of Scientific Committees

COURSE DIRECTOR



Jayaram Dasan, MD Consultant Anaesthetist, King's College Hospital, London - UK

INSTRUCTORS

Ahmed Maher, MD
Ayyannar Sakthivel Pachaiappan, MD
Karthik Sundareshan, MD
Kurian Palavilayil Thomas Vaidyan, MD
Mahmoud Younes Maarouf, MD

Mohamed Abdulrazik Al Saadi Ali, MD Nabil Shallik, MD Srinivas Nishtala, MD Tarek Refat, MD Zia Ali, MD













Difficult Airway Management Workshop
In collaboration with King's College Hospital, London, UK

09:15 - 11:15	SESSION I: UNANTICIPATED DIFFICULT AIRWAY MANAGEMENT
09:15 - 09:45	Station 1 Plan A Laryngoscopy and Tracheal Intubation Tarek Refat, MD - Nabil Shalik, MD
09:45 - 10:15	Station 2 Plan B SAD Maintain Oxygenation Ahmed Maher, MD - Ayyannar Sakthivel Pachaiappan, MD
10:15 - 10:45	Station 3 Plan C Rescue Mask Ventilation Karthik Sundareshan, MD - Srinivas Nishtala, MD



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10:45 - 11:15	Station 4 Plan D Emergency Cricothyroidotomy Kurian P Thomas Vaidyan, MD - Mohamed Abdulrazik Al Saadi Ali, MD
11:30 - 11:45	Opening Ceremony
11:45 - 12:00	Coffee Break
12:00 - 12:30	Station 5 Plan E Human Factors Human Factors Video presentation on HF Zia Ali, MD - Mahmoud Younes Maarouf, MD
12:30 - 16:55	SESSION II: ADVANCED AIRWAY MANAGEMENT
12:30 - 12:50	Advanced Airway management: An overview Jay Dasan, MD













12:50 - 13:20	Station 1 Plan A: Nasal Fibre optic intubation Objective: Hands FOI techniques, Topicalization techniques, Sedation Tarek Refat, MD - Nabil Shallik, MD
13:35 - 14:35	Lunch break
14:35 - 15:05	Station 2 Plan B: Oral Fibre Optic Intubation & Intubation via SAD Objective: Hands on Practice on Ora FOI and Intubation Via SAD Ahmed Maher, MD - Ayyannar Sakthivel Pachaiappan, MD
15:05 - 15:35	Station 3 Plan C: Video laryngoscopy Objective: Hands on practice on Glidescope, C Mac, McGrath, Kingvision Karthik Sundareshan, MD - Srinivas Nishtala, MD
15:40 - 15:55	Coffee break













15:55 - 16:25	Station 4 Plan D: Hybrid Intubation technique & Retrograde intubation Objective: Hands on Practice on Combined use of VLS and FOI Scopes Zia Ali, MD - Mahmoud Younes Maarouf, MD
16:25 - 16:55	Station 5 Plan E: Trans Tracheal Jet & Tracheostomy Objective: Elective Tracheostomy / Hands on Practice on TTJ Kurian P Thomas Vaidyan, MD - Mohamed Abdulrazik Al Saadi Ali, MD
16:55	Conclusion











SUNDAY MARCH 12, 2023 - 7 CPD Credit Points

Advanced Ultrasound Guided Regional Anesthesia Workshop

Workshop Director



Osama Sami Maki AlAni, MD
Chairman of Scientific
Committees

Workshop Coordinators



Sheelaj Sharma, MD Consultant Anaesthetist Mediclinic Hospital Abu Dhabi - UAE



Rafael Blanco, MD
Consultant in Anaesthesia & Interventional
Pain Management at Zayed Military Hospital
Dubai - UAE

INSTRUCTORS

Mohan Babu, MD Shailendra Vaijinathrao Chaudhari, MD Mahmoud Younes Maarouf, MD Paridhi Mehta, MD Karthik Sundhreshan, MD Adel Ibrahim, MD Rajashekar Rangappa, MD Abhay Bodhey, MD Naveed Ahmed, MD













SUNDAY MARCH 12, 2023

Advanced Ultrasound Guided Regional Anesthesia Workshop

08:30 - 09:00	Registration
09:00 - 09:30	Welcome, Introduction & Workshop Goals Workshop Director & Coordinators Osama Alani, MD - Rafael Blanco, MD - Sheelaj Sharma, MD
09:30 - 13:30	Hands on Volunteer Models
09:30 - 10:15	Station 1 Plan A: Upper Limb Blocks Above Clavicle Brachial Plexus Blocks Mohan Babu, MD Specialist of Anesthesia - Rashid Hospital, Dubai, UAE Naved Ahmed, MD Senior Specialist of Anesthesia - Rashid Hospital, Dubai, UAE













10:15 - 11:00	Station 2 Plan B: Upper Limb Blocks Below Clavicle Brachial Plexus Blocks (Infraclavicular & Axillary) & Distal Blocks Shailendra Vaijinathrao Chaudhari, MD Senior Specialist of Anesthesia - Rashid Hospital, Dubai, UAE Abhay Bodhey, MD Specialist of Anesthesia - Rashid Hospital, Dubai, UAE
11:00 - 11:45	Station 3 Plan C: Abdominal Blocks TAB, QL, Rectus Sheath Paridhi Mehta, MD Senior Specialist of Anesthesia - Rashid Hospital, Dubai, UAE Mahmoud Younes Maarouf, MD Senior Specialist of Anesthesia - Rashid Hospital, Dubai, UAE
11:45 - 12:00	Coffee Break
12:00 - 12:45	Station 4 Plan D: Paravertebral Blocks and Erector Spinae Block Adel Ibrahim, MD Consultant of Anesthesia, Zayed Military Hospital Rajashekar Rangappa, MD Specialist of Anesthesia - Rashid Hospital, Dubai, UAE











12:45 - 13:30	Station 5 Plan E: Chest Wall Blocks PECs & Serratus Anterior Block Adel Ibrahim, MD Consultant of Anesthesia, Zayed Military Hospital Rajashekar Rangappa, MD Specialist of Anesthesia - Rashid Hospital, Dubai, UAE
13:30 - 14:15	Station 6 Plan F: Lower Limb Blocks & Fascia ILIACA Femoral, LFCN, Adductor Canal, Obturator Shailendra Vaijinathrao Chaudhari, MD Senior Specialist of Anesthesia - Rashid Hospital, Dubai, UAE Mohan Babu, MD Specialist of Anesthesia - Rashid Hospital, Dubai, UAE
14:15 - 15:15	Lunch Break
15:15 - 15:45	Station 7 Plan G: Lower Limb Blocks Sciatic Popliteal, Gluteal, Sub gluteal & Proximal Thigh & Ankle Blocks Paridhi Mehtaal, MD Senior Specialist of Anesthesia - Rashid Hospital, Dubai, UAE Naved Ahmed, MD Senior Specialist of Anesthesia - Rashid Hospital, Dubai, UAE













15:45 - 16:30	Station 8 Plan H: Needling and Catheter Placement Technique on Meat & Phantom Karthik Sundhreshan, MD Specialist of Anesthesia - Rashid Hospital, Dubai, UAE
16:30 - 17:00	Evaluation, Certificates & End of the workshop









































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